



# THE WESBROOKE

SENIORS LIVING COMMUNITY



## Assisted Living The Manor Experience

*Our Home is Your Home*



**Choice, dignity, privacy & independence** are the cornerstones upon which The Wesbrooke was built. Our residents enjoy apartment style living – free from needless intrusion or the creation of unnecessary dependence. It is our pleasure to accommodate the needs of our residents in a dignified atmosphere where personal choice and privacy are both respected and encouraged. Every resident receives a personal care plan to ensure the appropriate help is provided for each level of care. We offer customized packages to suit your individual needs.

### **Our residents enjoy a lifestyle of choice.**

This means many things, from our wide range of activities to meal choices. It also means that we are trained to provide a balanced approach to when and where a resident needs assistance. We strive to respect and preserve their independence and sense of freedom, while being sensitive to when intervention and assistance are warranted. Whenever possible, we will tailor services, care and activities to each individual resident.

### **Our philosophy of Assisted Living is**

based upon resident choice, dignity, privacy, individuality and independence. The Wesbrooke “Closer to Home” approach offers services tailored to meet the individual needs of our residents. We take a personalized approach, expanding our services when needed, to meet the requirements of each resident in the privacy of their own suite. Our personalized wellness plans can be devised in collaboration with you and/or your family and friends to encourage self-reliance, to enhance living and to nurture the spirit. The Manor residences have all the conveniences required close to your new home.

### **Respite**

Our program allows the caregiver time away from the hearty demands placed on them when caring for another and are a great way to experience our “Closer to Home” lifestyle. Based on availability.



## Closer to Home The Manor Experience

Our goal is to offer our residents choices and to promote wellness. We understand some residents would benefit from having services and amenities close to where they live in a cozy environment. We have created this living option on the third floor of The Wesbrooke we call The Manor.

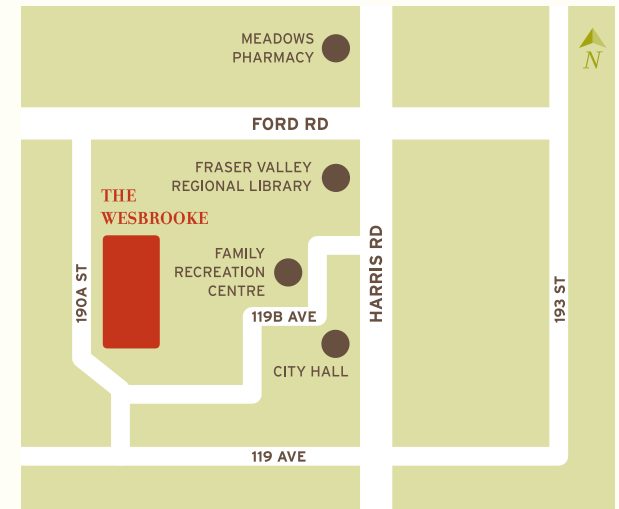
## Included with Your Rental

- Regular wellness assessments
- Social events and outings
- Weekly housekeeping service
- Coffee, tea, and baked goods available at The Manor Tea House
- Nutritious home cooked meals served daily in The Manor dining room
- 24-hour staffing for our residents' comfort, safety, and assistance
- All utilities except telephone
- Workout Room, Library, Media Room, Hair Salon, Craft Room, and membership to the Seniors Recreation Centre
- Weekly spa or shower session
- Private suites all equipped with an emergency call system
- Linen and towels provided
- Personal support package tailored to each resident
- Certified nurse on staff
- Weekly flat linen and personal laundry done and returned to your suite

## You may choose from a variety of our services including the following:

- Assistance with dressing/ grooming/ hygiene
- Bathing or shower assistance
- Medication reminders
- Meal reminders/ escorting to meals
- Safety and security checks
- Meal tray service
- Personal laundry and linens, etc.

The residents personal support package is determined by an evaluation interview by our trained staff prior to move-in and as residents' circumstances change.



## A Great Location — Beautiful Apartment Homes

A commitment to providing a quality lifestyle make 'The Manor' a community you can rely on for supportive living within The Wesbrooke.

## Our Commitment

Allegro Properties and League Assets are committed to putting people first. Our spirit to serve our residents is proven in our friendly hands on approach. The Wesbrooke truly offers care without compromise – personalized individual assistance delivered by caring professionals in a beautiful, safe and engaging environment.



**THE WESBROOKE**

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