

September 30, 2020

Dear Wesbrooke Residents and Families,

I know how challenging these last several months have been and I would like to express my appreciation to all of you for understanding and your compliance through these very difficult times. The Wesbrooke is proud to say we are still Covid free and remain committed and focused on delivering the best service and care to all our residents while taking all necessary precautions to protect our residents, staff and families from Covid – 19.

Over the past few weeks, we've seen steadily increasing numbers of COVID -19 cases in communities, particularly in Quebec, Ontario, Alberta and British Columbia. Some of these provinces have recorded their highest number of cases since early June. The spread of infection is rising the most in young adults, with Public Health Officials speculating that the easing of pandemic restrictions, such as opening of restaurants, bars, and most recently schools, is partially to blame, along with family gatherings in homes and backyards where practices like social distancing and wearing masks are more easily forgotten in the company of family and friends. Below is a graph of the most recent outbreaks of COVID -19 infections:

**Date declared**

<b>August 8, 2020</b>	<b>New Vista Care Society</b>	<b>Long term care</b>	<b>COVID-19</b>
<b>September 2, 2020</b>	<b>Cherington Place</b>	<b>Long Term care</b>	<b>COVID - 19</b>
<b>September 3, 2020</b>	<b>Residence at Kin Village</b>	<b>Assisted Living</b>	<b>COVID -19</b>
<b>September 11, 2020</b>	<b>Evergreen Hamlets</b>	<b>Long Term Care</b>	<b>COVID - 19</b>
<b>September 16, 2020</b>	<b>Delta Hospital</b>	<b>Hospital</b>	<b>COVID -19</b>
<b>September 17, 2020</b>	<b>Peace Arch Hospital</b>	<b>Hospital</b>	<b>COVID -19</b>
<b>September 24, 2020</b>	<b>Peace Portal Seniors Village</b>	<b>Long Term Care</b>	<b>COVID -19</b>
<b>September 25, 2020</b>	<b>Thornbridge Garden</b>	<b>Assisted Living</b>	<b>COVID -19</b>
<b>September 27, 2020</b>	<b>Harrison West at Elim Village</b>	<b>Long Term Care</b>	<b>COVID -19</b>

Whether this is the start of the second wave we've all been hearing about remains to be seen, nevertheless, for those most vulnerable to the virus's effects, including individuals with pre-existing conditions and seniors, it's a very stressful time. Canadians have worked extremely hard to respond to the challenges of this pandemic over the past months, and it's up to all of us to do everything we can to protect our communities and disrupt this virus.

The people that live, work and visit at The Wesbrooke are part of your community. Our residents, families and staff shop, eat, work and volunteer in your community. Our employees are your neighbors, friends and even family members. The Wesbrooke has strict health and safety protocols in place that follow Public Health guidelines. In fact, the Fraser Health Authority just recently performed an extensive audit of The Wesbrooke's COVID – 19 safety and health protocols and found we are compliant and passed with exceptional standards! But the reality is that when the community spread increases, the risk to everyone goes up, especially vulnerable seniors, such as those at The Wesbrooke.

Finding ways to proactively reduce this risk is key! In response to the rising spread and increased risk, The Wesbrooke has mandated all Care staff in our assisted living area wear protective eye wear (face shield or goggles) in addition to ALL staff wearing face masks at all times while at work as well as repeated hand washing or sanitization, further defending our staff from exposure and possibly transmission of the virus. This proactive step builds on our experience to minimize exposure and reduce the risk of transmission.

**WHAT CAN YOU DO TO HELP?** Follow the direction of your Public Health officials and use an informed and safe approach to outings, gatherings and social contact. Wear a mask both indoors and outdoors, especially when social distancing is not possible, and continue with careful hand hygiene at work and at home. When visiting loved ones at The Wesbrooke, follow our visitation protocols we have sent out and please do not visit if you feel sick or have flu-like symptoms. If you have any symptoms please be tested and self-isolate for 14 days. We will ask every visitor to sign a one- time waiver and to undergo temperature checks and screening before each visit.

The bottom line is none of us can be complacent or neglectful. Everyone is in the same boat and yes it is very difficult after 6 months of strict COVID restrictions. We will be faced with this virus for a long time so please fight the urge to give in and relax your efforts. Don't assume that if you get COVID -19 it's not a big deal. It is and can be very serious and life threatening. All of our actions, every one of us, affects each other in our community.

Please stay safe and let's all practice the 3 W's: Wear a mask, Wash your hands, Watch your distance!

Sincerely

Pat De Luca

Owner, General Manager